POINTS OF SAIL
Close hauled (sailing upwind), beam reach (across the wind) and broad reach (downwind) are called points of sail by sailors.

STARBOARD TACK

PORT TACK

Whether you are sailing close hauled, reaching, or on a run the wind will be blowing over one side of the boat or the other. If the wind is blowing over the starboard side, you are sailing on starboard tack. If the wind is blowing over the port side, you are sailing on port tack. Knowing which tack you are sailing is important for avoiding collisions.