

Gleaming Ocean Sailing Program (GOSP)

The Blue Water Foundation is pleased to announce its newest program, **Gleaming Ocean Sailing Program** (GOSP), an advanced cruising program for High School students of the San Francisco Unified School District and Bay area. The goal of the Gleaming Ocean Sailing Program is to encourage students who have sailed, or want to sail, with Blue Water Foundation to further explore the joys and challenges of sailing through a more in-depth learning experience.

The Gleaming Ocean Sailing Program is a hands-on sailing program that teaches students the basics of sailing and seamanship, while enhancing their leadership skills, teamwork ability and communication. The class will be taught using the vessel **Benjamin Walters**, a 43 foot, fully equipped sailboat currently in use with Blue Water's existing sailing program, and **Aleta**, the newest boat in the fleet.



< **Benjamin Walters** under sail

Under the direction and guidance of certified captains and crew of Blue Water Foundation, the students will learn how to prepare and navigate a sailboat, the effect of local weather conditions on sailing, how to read tide tables, chart a course, proper use of lines and rigging of a boat and how to anchor a boat. Safety will be integrated by teaching the use flares, practicing man-overboard drills, lighting, and VHF radio procedures. The Coast Guard will demonstrate various equipment and operations.

Benjamin Walters, navigation station >



Gleaming Ocean Sailing Program is as follows:

- _____, a "try-it-out" sail for interested students
- Four 6-hour sessions, Saturdays: _____, _____, _____, _____ from 10 am to 4 p.m.
- Each sail will begin with a one-hour classroom instruction session.
- All sails will take place leaving from the Berkeley Marina unless otherwise instructed.
- _____ will be an evening sail from 3:30 until 10 (sunset 7:30 pm)
- _____ to _____: overnight anchor-out, either off Angel Island or China Camp in San Rafael.
- Each student will be equipped with proper sailing clothing including gloves, life jacket, and foul weather gear, at no cost. Food and drink will be provided.
- Students may have the unique opportunity to have private tours of various U.S. Coast Guard vessels.
- Upon completion, each student will receive a GOSP Certificate of Completion.
- Celebration Sail--_____, 11-4: A final sail to celebrate the student's completion inviting each student's family to sail and experience first hand their child's success.

The deadline for permission slips is **December 15, 2010**, and the application process is as follows. All forms can be found on our website (www.bluewaterfoundation.org). Space is limited to the first ten students who submit their application and are accepted into the Program.

- Parental consent form to Ms. Michaelis by **Dec. 15**—required before try-it-out sail
- Completed application form by the student to Ms. Michaelis by **Jan. 25**
- Referral letter from the student's teacher or guidance counselor to Ms. Michaelis by **Jan. 25**
- Interview by a Blue Water Foundation certified captain during try-it-out sail.

For further information, please review our website or call or email Bob Bogiades, (415) 673-1287 cell or (415) 567-5718, bog72434@aol.com

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